Human Test Ruth

06/07/2025

When I go out to restaurants for dinner, my favorite desert is cheesecake. Any flavored style cheesecake.

I start my days off by going to the gym putting in three hours of hardcore cardio and core workouts, afterwards I start off the day with a nice acai bowl for brunch.

On my free time I do hair, but I really also love reading books. My favorite book currently right now is The Present by Spencer Johnson.

Yesterday my friend told me that my resting face makes me look intimidating, however once you approach me I give you the biggest smile ever.

I am a junior undergraduate at temple studying in biological sciences to become a cardiothoracic surgeon and so far i love my major.

When I'm feeling sad or down I listen to instrumentals or jazz to lighten my mood, It keeps me calm and leave me out of my head when it comes to over thinking.

I recently learned in life to love who loves you and support who supports you, don't overplay a part because you'll be disappointed that it's not getting reciprocated.